



Post-Op Instructions for Composite Fillings (Tooth Colored)

- ~ Take caution not to bite or chew on your cheeks, lips and or tongue for they may be numb for several hours following your appointment.
- ~ Tooth Colored fillings may be sensitive for up to 6 months.
- ~ It is normal for your gums to possibly be sore and bleed for a couple of days. To ease discomfort rinse with warm salt water. (Teaspoon salt in warm water: swish & spit)
- ~ It is normal for excess “glue” that is used to help the fillings adhere to your tooth to chip off. This is not your filling or tooth structure.
- ~ Call the office if your bite does not feel normal once the anesthetic wears off. We can simply adjust your bite without getting you numb again.
- ~ Call the office if you have pain in the tooth/teeth that wakes you up at night.
- ~ Call the office if your cheeks /face become swollen.

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